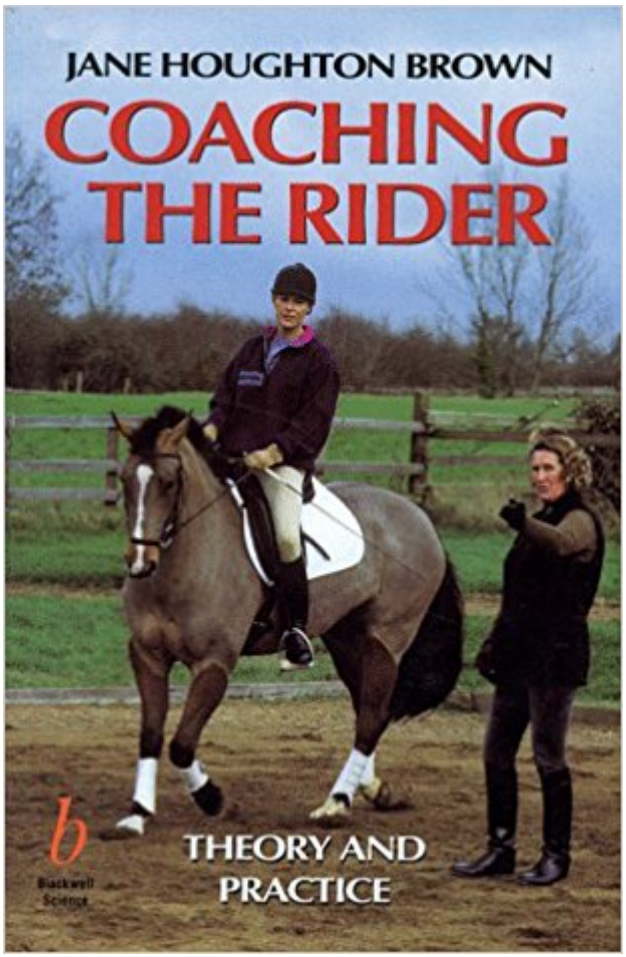
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Coaching The Rider



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Synopsis

The definitive text on teaching the rider, this book covers all aspects of teaching technique including beginner riders, examination candidates and professionals competing up to international level. Areas covered include a history of riding instruction, teaching and coaching as a career, designing lesson plans, communication and people skills, goal setting and achieving that goal, psychology of teaching and how people learn, the horse/rider relationship, teaching the disabled, children and beginner adults, coaching for competition and overcoming nerves and rider limitations. The book starts with the theory and psychology of teaching and learning and moves on to teaching the beginner and pony and riding club work, followed by training the individual to improve riding skills for examinations or competitions.

Book Information

Paperback: 240 pages
Publisher: Wiley-Blackwell; 1 edition (October 5, 1995)
Language: English
ISBN-10: 0632039310
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Product Dimensions: 9.2 x 6.2 x 0.6 inches
Shipping Weight: 13.6 ounces
Average Customer Review: 3.7 out of 5 stars 3 customer reviews
Best Sellers Rank: #1,322,714 in Books (See Top 100 in Books) #67 inÃ Â Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Showing & Training #77 inÃ Â Books > Textbooks > Medicine & Health Sciences > Veterinary Medicine > Equine #206 inÃ Â Books > Medical Books > Veterinary Medicine > Equine Medicine

Customer Reviews

A+

I am a 65 yr. old rider just getting back into dressage. This book is steeped in theory and lesson plans and I gave it to my dressage instructor.

Coaching The Rider is written from the English/Dressage/Eventing angle of Horsemanship. It is equally relevant to the instructor of Western Horsemanship diciplines. The book’s intented audience is the actively teaching riding instructor. The author uses her extensive background to cover lessons

plans, teaching theory, competition and special teaching situations. She is clear and concise. Sample lessons and lesson plans as well as sample conversations with students are included. My only criticism is that, like any textbook, is that it is dry. Plan to read it in stages and practice the skills as you progress in the book.

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